

SHIBUMI CODES OF PRACTICE

The Shibumi Codes of Practice are in place to provide Shibumi Practitioners (Shibumi RP) and Shibumi Practitioners & Teachers (Shibumi RP&T) with quality standards for their professional Reiki practices.

This also benefits the general public and prospective clients/students in educating them with a clear understanding of what it is that a registered Shibumi practitioner provides.

All Shibumi RPs and RP&Ts are required to:

- Conduct Reiki treatments and courses in accordance with the Shibumi Code of Ethics.
- Agree to uphold the Vision, Mission and Philosophy of Shibumi.
- Agree to utilize the Terminology provided by Shibumi.
- Hold insurance cover for professional negligence and public liability.
- Never diagnose clients/students nor offer medical or psychological services unless trained and qualified to do so.
- Refer clients/students to qualified healthcare workers when treatment other than Reiki is required.
- Ensure that clients/students' healthcare records are safe and orderly, retaining client/student confidentiality at all times.
- Maintain a clean and safe environment.
- Exhibit behavior befitting a professional including managing the business in a fair and honest manner and be attired properly.
- Adhere to the Shibumi Complaints Procedure and its outcomes.
- Display Shibumi certification at place of practice.

Shibumi Reiki Treatment Codes of Practice

All Shibumi RPs and RPTs are required to:

- Describe what a Reiki treatment is to the client prior to the treatment.
- Explain to the client that during the Reiki Treatment the body will only take the amount of energy that it requires.
- Ensure that the client remains fully clothed at all times as the practitioner goes through a set healing process placing hands on, or just off, the body as agreed with the client prior to the Reiki treatment.
- Ensure that a Reiki treatment is not intrusive and that clients do not have to remove clothing and that no private parts of the body are touched (including breasts and genitals).
- Have a guardian present when a Reiki treatment is performed on a minor.
- Not incorporate any other therapy into the Reiki treatment unless contracted to do so.

Shibumi Reiki Courses Codes of Practice

All Shibumi RP&Ts are required to:

- Teach the three levels of Shoden, Okuden and Shinpiden.
- Teach the five elements of the system of Reiki - Reiki precepts, Reiki meditations, Reiki hands-on healing, Reiki symbols & mantras, and Reiki attunements/reiju.
- Teach using the Japanese energetic system.
- Teach traditional Reiki techniques and practices. 1 Additional techniques may be taught to explain the system of Reiki further in accordance with the Shibumi Codes of Practice. Techniques relating to specific areas of Reiki practice such as Animal Reiki may also be included as long as they are in accordance with the Shibumi Codes of Practice.
- Teach in-person and include certificates and comprehensive manuals reflecting the content taught.
- Provide ongoing support for students preferably with regular Reiki practice groups where possible.

Shoden Reiki Level I

Minimum length of Reiki course: The equivalent of 2 full days training

In-person attunements/reiju: 4

Reiki Practices:

- Kenyoku Ho
- Joshin Kokyu Ho
- Seishin Toitsu
- Japanese energetic system
- Concept of hara/tanden
- Hands-on healing for the self
- Hands-on healing for others (minimum ½ hour treatment performed per person)
- The Reiki Precepts

Okuden Reiki Level II

Minimum length of course: The equivalent of 1 day plus opportunity for students to develop professional practitioner skills

In-person Reiki attunements/reiju: 3

Reiki Practices:

- Hasurei Ho
- Byosen Reikan Ho
- Reiji Ho
- Learn 3 Reiki symbols and mantras
- Reiki Symbol and mantra meditations
- Enkaku Chiryo Ho

Shinpiden Reiki Level III

Minimum length of course: The equivalent of 2 full days plus opportunity for students to develop professional teaching skills

In-person Reiki attunements/reiju: 1+

Reiki Practices:

- Perform Reiki attunement
- Perform reiju
- Learn 1 Reiki symbol and mantra
- Reiki Symbol and mantra meditation
- Review Reiki Level I and II practices and concepts